

# FOAN

CANADA

Friends of African Nursing  
www.foan.ca

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## FoAN launched at ORNAC

FoAN (Canada) was officially launched in June at the 2011 ORNAC (Operating Room Nurses Association of Canada) Conference in Regina. Friends of African Nursing (Canada) will work both independently and alongside its counterpart in the United Kingdom to advance the education and training of perioperative nurses in the developing world, with a strong focus on African countries.



**Left to Right:** Helen Vandoremalen, Marilyn Flynn, Mary Knight, Bonnie McLeod - ORNAC President, Karen Frenette - ORNAC President-Elect, Jean Naude, Kate Woodhead, Chairman - FOAN (UK) at launch

## Charitable Status Achieved!

The process of legally incorporating FoAN (Canada) was completed in March, 2011. This was an important step in achieving our goal of becoming a non-profit organization.

Our application for charitable status was submitted to the Canadian government in the spring of 2011. We have just heard that our application has been approved. While waiting for charitable status FoAN (Canada) was in a holding pattern, as it is difficult to launch fund-raising activities without the ability to issue receipts for charitable donations.

## Thank you!

At the conference, FOAN (Canada) benefited greatly from the support of the Officers and Members of the ORNAC Board. A special thank you to the Exhibit Committee including Linda Socha and Marla Ewen, who donated a booth so that we could share our goals with our perioperative nursing colleagues. The dozens of new members who joined FoAN (Canada) at the conference will become instrumental to our work. Fundraising efforts included selling hot-off-the-press FOAN cookbooks as well as handcrafted note cards with original artwork by Lesley Fudge, co-founder of FOAN UK. Another popular item was the HIV/AIDS brooches made in Nairobi. In crafting these brooches, groups of Maasai women are able to support their families and bring attention to a disease that devastates African families and puts health care workers at risk.

### FoAN (Canada) in Botswana

### FoAN Canada Founding Board of Directors

Mary Knight (MB) - Chair

Helen Vandoremalen (ON) - Vice Chair

Marilyn Flynn (ON) - Treasurer

Jean Naude (AB) - Secretary

Linda Whyte (ON) - Member-at-Large



Left to Right: Mary Knight, Marilyn Flynn, Jean Naude, Helen Vandoremalen. Missing: Linda Whyte



Our first venture in Africa will be supporting Jean Naude, a FoAN (Canada) Director to participate in an educational program offered by FoAN UK in Botswana. This program was to take place in October, but contacts in Botswana requested a change in date to March, 2012. FoAN UK will be organizing the program and Jean will be assisting in program delivery. She will also be learning the logistics and realities of providing an educational program in Africa. Jean will make sure that our colleagues in Botswana are aware that their Canadian friends are thinking of them! Our goal was to begin quickly to provide education in Africa, and this is a golden opportunity!

Keep tuned for a report and pictures



### What a Difference One Person Can Make!

After learning about FOAN (Canada) at the ORNAC Conference, Stacey Brown, a perioperative registered nurse in Winnipeg, MB gathered textbooks and O.R. supplies to be sent to Botswana. FoAN (Canada) facilitated by providing the appropriate contacts so Stacey could be certain her supplies would get to where they are most needed. Great work, Stacey!



### FoAN (UK) Chairman at Launch

FoAN (Canada) was very pleased to have Kate Woodhead, co-Founder and Chairman, FoAN UK present at our launch. Kate spent time in the booth interacting with her Canadian nursing colleagues. As a Conference Speaker, Kate highlighted the work of FOAN (UK), in particular the perioperative nursing courses that provide theory updates, theatre audits and leadership training



## How YOU can help!

You can assist your perioperative colleagues in Africa by collecting the following items and arranging shipping. FoAN Canada will assist in finding a contact.

### Books:

- Perioperative
- General Med/Surg Nursing
- Pharmacy / Merc Manuals
- Infection prevention
- Anatomy/physiology

### Instruments:

- All everyday surgery instruments: scissors, tissues, snaps, babcocks, allis, suction etc.
- Retractors: Self retaining & hand held
- Bowel clamps
- Gyne speculums – all kinds
- Green Armitage & Heaney forceps
- Skin graft knives & blades
- Fine forceps, scissors, mosquitoes (**not micro size**)

### Disposable items:

Please limit disposable items only to those listed below – all should be unused.

- Radio opaque laparotomy sponges
- ET Tubes
- T Tubes
- NG tubes
- Penrose Drains
- Sutures
- Catheters: Foley, Jaques, Suction

### SHIPPING

Please note: **Shipping is your responsibility**; consider fund-raising to pay for the shipping!

## FoAN Cookbooks Available

For a truly different cookbook, considering purchasing a FoAN Cookbook. Perioperative colleagues from around the globe have contributed recipes to tempt your taste buds – and 100% of profits go to support the work of FoAN Canada!

**Cost: \$24.00 includes shipping and handling**

**(Canada only, other costs upon request)**

## Coming Soon

FoAN will be selling the popular note cards at any events they attend. They will also be available through our website.

If you are interested in having a FoAN Board member attend an event you are planning, please contact us through the website

**For further information visit [www.foan.ca](http://www.foan.ca)**

